This unit is about creating a positive environment for children which can be achieved by encourage positive behaviour and discouraging negative behaviour.

Table 1 shows how rewards can be used to promote positive behaviour in children and conversely Table 2 shows how sanctions can be used to discourage negative behaviour.

Table 1

Rewards	Positive Behaviour	Other examples
Stickers	Helping to tidy up Learning to count Learning the alphabet	
Medals	Sport achievements Doing charity work	
Golden Time		
Verbal praises: Well done Good	Engaging in an activity Making something with play dough Painting a picture	
Give other examples of rewards		

Table 2

Sanctions	Behaviour	Give other examples
Time out	Showing aggression Using bad language	
Take away favourite toy or miss playtime	Snatching toys Refusing to tidy up	
Detention	Not handing in homework Arriving late in class	
Give other examples of sanctions		

Practitioners and carers are role models for the young children, so it is important they set good examples in order to promote positive behaviour.
Examples:

- Being polite: saying thank you, please and sorry
- Treating every one fairly
- Listening and showing respect to children and adults
- Being consistent in their behaviour

Policies and procedures of the setting for promoting children's and young people's positive behaviour:

- Code of conduct
- Staff code of conduct
- Anti-bullying
- Dealing with conflict and inappropriate behaviour

Find out what the behavioural policies are in your work setting